



She Heals Internship

Sista Afya Community Care provides free individual therapy, community workshops, and professional development to people in the Chicagoland area. The mission of Sista Afya Community Care is to build sustainable mental wellness communities through providing affordable and culturally-centered community mental wellness care and education.

The **She Heals Internship** is an internship for MSW students and emerging mental wellness professionals who have an interest in providing mental wellness services to Black women.

Within the She Heals Internship program, the intern will gain:

- Direct service experience providing individual and group therapy to Black women-identified people in Chicago experiencing multiple barriers to care.
- Learn best practices in serving Black women-identified people with mental health conditions including but not limited to: culturally- responsive care, anti-oppressive practice, trauma-responsive care, feminist therapy, and cognitive-behavioral interventions.
- Facilitate workshops and groups focused on relevant topics impacting Black women-identified people on a micro and macro level.
- Engage in weekly professional supervision and consultation.
- Receive select free online continuing education classes to support professional interests and development.
- Opportunity to potentially work full-time with Sista Afya Community Care upon successful completion of the internship.

Requirements:

- Live in the Chicagoland area.
- Second Year -Master's in Social Work student
- Interest in offering therapeutic interventions for women of color experiencing depression, anxiety, trauma, and stress-related conditions.
- Dedicated to providing accessible and affordable community mental wellness care.
- Experience providing telehealth services is a plus.
- Location: 65% Remote and 35% In person

Compensation and Time Commitment:

- Time Commitment: 15 - 25 hours per week.
- *Start Date:* August 15, 2024 *End Date:* May 30, 2025

Women and minorities are encouraged to apply. Apply by emailing a resume, cover letter, two letters of recommendation to Candice Gant, LCSW at: candice@sistaafya.com